

Help support youth mental health

Join us for a Youth Mental Health First Aid® training session. This 8-hour class will help you create an action plan to support teens in their mental health. You will learn how to identify and respond to signs of youth mental illness and substance use. Lunch will be provided.

Mental Health FIRST AID
from NATIONAL COUNCIL FOR MENTAL WELLBEING

2026 dates

- Saturday, April 11 (English)
- Saturday, June 13 (Spanish)
- Saturday, August 22 (English)
- Saturday, October 24 (Spanish)

Time
8:30 a.m. to 4:30 p.m.

Place
Kansas City, Kansas

Register
There is no cost to attend the training session, but registration is required. Sign up here, follow the QR code or call (314) 592-3645. Space is limited.

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Apoyemos la salud mental de los jóvenes

Acompáñenos a un entrenamiento de Primeros Auxilios para la Salud Mental de los Jóvenes®. Esta clase de 8 horas le ayudará a crear un plan de acción para apoyar a adolescentes en su salud mental. Aprenderá a identificar y responder a señales de enfermedad mental y uso de sustancias. Se proveerá almuerzo.

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2026 Fechas

- Sábado, 11 de abril (Inglés)
- Sábado, 13 de junio (Español)
- Sábado, 22 de agosto (Inglés)
- Sábado, 24 de octubre (Español)

Hora
8:30 a.m. a 4:30 p.m.

Lugar
Kansas City, Kansas

Registro
Este entrenamiento no tiene costo, pero se requiere inscripción. Inscríbase aquí, use el código o llame al (314) 592-3645. Cupo limitado.

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