

# 2023

44th Annual Conference for Behavioral Health



The 44th Annual Conference for Behavioral Health is presented by the Association of Community Mental Health Centers of Kansas. We provide educational opportunities to increase awareness of emerging trends, build skills and knowledge to provide behavioral health care, and advocate for policy change.



222 SW 7th Street, Topeka, KS 66603 Telephone (785) 234-4773 | Fax (785) 234-3189 www.acmhck.org

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#### Save the Date for 2024

The 2024 Conference will be held September 18-20, 2024 at the Hilton Garden Inn Manhattan, 410 S 3rd Street, Manhattan, KS 66502

#### 2023 Conference Awards & Awardees

Public Official of the Year Award – Representative Susan Ruiz

VJ Reddy Award – Dr. Mark Romereim, MD

Wes Cole Public Servant of the Year Award – Charles Bartlett

Mental Health First Aid Trainer of the Year – Monica Simpson

#### Welcome to the 2023 Annual Conference for Behavioral Health!

I want to start by thanking you all for the incredible work you have done over the last year. From the aftermath of the pandemic to the continuing effects of social media on children and families to the transformation of our entire system to the Certified Community Behavioral Health Clinic (CCBHC) model, the last year has been a lot.

In many years, I have started off my comments to our conference attendees by jokingly commenting, "So what's new with you all?" In those years, it was barely funny as the sarcastic implication is intended to recognize how busy you all are and how driven you are to improve the lives of the people treated or served by our system. This year that joke would fall flat for sure and potentially and justifiably result in the throwing of rotting fruits or vegetables at me. The transformation of our whole system to the CCBHC model along with a staggering workforce shortage has resulted in an exhausting pace.

As we work to influence and improve the communities in our state with our vision and values, it becomes very easy to be distracted or pulled in multiple directions at once. Sometimes that is unavoidable as urgent or emergent situations are part of the responses our system may need to provide. As U.S. Senator Roger Marshall recently commented in a Senate committee hearing on Capital Hill, "We must value what we measure and



measure what we value." To this end, our focus going forward will be establishing and sustaining the excellence of the Kansas behavioral health safety net through ensuring timely access to high quality services, providing premiere training and education opportunities, and being an incubator of innovation. Continued focus on these areas will lead us to being an elite system that is not only sought out for treatment and services but as a destination for learning and employment.

We would like to highlight and express our appreciation to our 2023 conference sponsors. The Association is able to provide this learning opportunity because of the valued partnership between our organization and our sponsors such as the Platinum Sponsors including Conrade Insurance Group, Kansas Department for Aging and Disability Services, Aetna Better Health, innovaTel, UnitedHealthcare Community Plan of Kansas, Caresource, Sunflower Health Plan, and Molina Healthcare; Gold Sponsors including HealthSource Integrated Solutions and Compliance One, Camber Children's Mental Health, Teva Pharmaceuticals, Mid-America Addiction Technology Transfer Center, and Netsmart; Evening Reception Sponsor Molina Healthcare; Refreshment Break Sponsors including Ucare and CareSource; Silver Sponsors including Ucare, Mid-America Mental Health Technology Transfer Center, Neurocrine Biosciences, Johnson County Mental Health Center, and Integrated Psychiatric Consultants; and Bronze Sponsors including Bert Nash Community Mental Health Center, Qualifacts, Eleos Health, Johnson and Johnson Health Care Systems, Inc., Streamline Healthcare Solutions, Centurion Health, Mission Driven Data, Valley Hope Addiction Treatment, Mirah, and University of Kansas School of Social Welfare.

We hope that the next several days provide you with education, connection, and a bit of an opportunity to exhale. You have earned it. Enjoy the conference.

Best always,

yle/lesh

Kyle Kessler

Executvie Director, Association of Community Mental Health Centers of Kansas

# **THANK YOU SPONSORS!**

### **PLATINUM**



















# GOLD











### REFRESHMENT

# **RECEPTION**







# **SILVER**









# \*\*Ucare

### **BRONZE**





















#### **Featured Speakers**



#### **Chuck Ingoglia**

Chuck is the president and CEO for the National Council for Mental Wellbeing. With more than 20 years of experience in behavioral health, he has worked as a provider, advocate, and educator for government and public sector organizations.

Prior to becoming President and CEO of the National Council for Behavioral Health, he served as the Senior VP of Public Policy and Practice Improvement. He also serves as adjunct faculty at the George Washington University Graduate School of Political Management.



#### Ed O'Malley

Ed O'Malley is president and CEO of the Kansas Health Foundation. He founded the Kansas Leadership Center in 2007, serving as president and CEO for 15 years. A former Kansas state legislator and gubernatorial aide, Ed has co-authored three previous books including Your Leadership Edge and For the Common Good.



#### **Hasan Davis**

Hasan believes that each child can and will succeed if the adults in their world create hope. His journey as a Hope Dealer began as an Upward Bound counselor and a teaching artist and continued through his years as a violence prevention specialist and as Commissioner of Juvenile Justice for the Commonwealth of Kentucky.

Today, as a speaker, author, and coach, Hasan supports Hope Dealers across the world as they work to ensure all children are safe, healthy, and supported on their path to success



#### **Briana Nelson Goff**

Dr. Briana Nelson Goff is a professor at Kansas State University, in Manhattan, Kansas. Her clinical experience and research focus on primary and secondary traumatic stress symptoms in couples and families.

During her 30-year career, Dr. Nelson Goff worked with hundreds of people through her research and clinical work. Each one impacted her work, teaching her about resilience, hope, and healing from trauma, which led to authoring her first book, *Bulletproof Vows: Stories of Couples Navigating Military Deployments and Life's Battles* (January 2023, New Degree Press).

#### **ACMHCK Staff & Board Members**

**ACMHCK Staff** 

Kyle Kessler, Executive Director Michelle Ponce, Associate Director

Sue Murnane, Youth Behavioral Health Services

Manager

Andrea De Buezo, Special Projects Coordinator Heather Richardson, Member Services Manager Kay Swietek, Office Manager

Bert Nash Community Mental Health Center – Est. 1950

Patrick Schmitz, CEO

Central Kansas Mental Health Center - Est. 1964 Glenna Phillips, Executive Director

COMCARE of Sedgwick County – Est. 1961

Joan Tammany, Executive Director

Community Mental Health Center of Crawford County – Est. 1968

**Heather Spaur, Executive Director** 

Compass Behavioral Health – Est. 1961 **Lisa Southern, Executive Director** 

CrossWinds Counseling and Wellness – Est. 1960 **Amanda Cunningham, CEO** 

Elizabeth Layton Center – Est. 1961 Leslie Bjork, Executive Director

Family Service and Guidance Center – Est. 1904 **Kathy Mosher, CEO** 

Four County Mental Health Center – Est. 1964 **Greg Hennen, Executive Director** 

High Plains Mental Health Center – Est. 1964 Walter Hill, Executive Director

Horizons Mental Health Center – Est. 1968 **Vikki Mader, CEO** 

Iroquois Center for Human Development – Est. 1968

Mary Jane Dowler, Executive Director

Johnson County Mental Health Center – Est. 1962 Tim DeWeese, Director

Kanza Mental Health and Guidance Center – Est. 1963

Jackie Feathers, CEO

Labette Center for Mental Health Services – Est. 1979

**Matthew Atteberry, Executive Director** 

Pawnee Mental Health Services – Est. 1956 **Robbin Cole, Executive Director** 

Prairie View, Inc. – Est. 1954

Marcy Johnson, President & CEO

South Central Mental Health Counseling Center, Inc. – Est. 1962

Michael Countryman, Executive Director

Southeast Kansas Mental Health Center – Est. 1965

Nathan Fawson, Executive Director

Southwest Guidance Center – Est. 1937

Marshall Lewis, Executive Director

Spring River Mental Health and Wellness – Est. 1981

Stacy Manbeck, Executive Director

Sumner Mental Health Center – Est. 1983 **Jeanne Brown, Executive Director** 

The Center for Counseling and Consultation – Est. 1967

Julie Kramp, Executive Director

The Guidance Center – Est. 1937 **Adam Buhman-Wiggs, Executive Director** 

Valeo Behavioral Health Care – Est. 1967 Bill Persinger, CEO

Wyandot Behavioral Health Network – Est. 1953 Randy Callstrom, President/CEO

## **Continuing Education**

#### **OVERVIEW**

The Annual Conference for Behavioral Health provides educational opportunities to increase awareness of emerging trends, build skills and knowledge to provide behavioral health care, and advocate for policy change.

#### TARGET AUDIENCE

Behavioral health providers including executive leaders, physicians, clinicians, nurses, social workers, therapists, and other healthcare providers

#### **OBJECTIVES**

At the completion of this conference, participants should be able to:

- Apply best and emerging practices in the provision of mental and behavioral health services and treatment of substance use disorders, grief disorder, ADHD, and trauma
- Describe the key components of the CCBHC model; summarize the program and reporting requirements; and describe approaches to measuring productivity within a CCBHC
- Summarize the key tenets of care coordination
- Explain the vision of peer services in Kansas, and summarize the status of youth and adult peer services programs in Kansas
- Manage and navigate sensitive conversations about race, equity, and the human experience
- Implement effective leadership
- Explain the significance of the intersection of mental health and the criminal justice system and identify promising practices to support consumers engaged in both systems
- List ethical concerns that may arise during treatment
- Describe the evidence-base practices of ART and IPS
- Summarize the status of various crisis programs in Kansas including 988, youth crisis, and mobile crisis response

Note: At program publishing, the full credit amount has not yet been fully calculated. A hardcopy addendum containing the full credit statement, speaker disclosures and instructions will be provided at the start of the conference. The addendum will also be added to the conference app, acmhck.org website, and program e-version at the start of the conference.

# **Continuing Education Addendum Pg 1 of 2**

# **Continuing Education Addendum Pg 2 of 2**

# **Continuing Education Access**

# Schedule of Events - Tuesday, Sept. 12

#### Preconference

TIME	SESSION	SPEAKER(S)	ROOM
8:00 a.m 5:00 p.m.	Registration Open		Foyer
9:00 a.m 5:00 p.m.	MTM Services Is Taking DLA-20 Support Tools to a Whole New Level!	Annie Jensen	Bison
9:00 a.m 5:00 p.m.	CMHC Supervisor Training	Wendy Lockwood, Jennie Watson, Shantel Westbrook, Leonard Kaiser	River
12:00 p.m 1:00 p.m.	Lunch Break		Foyer
1:00 p.m 4:00 p.m.	MHFA Summit	Monica Simpson Sue Murnane, Jennifer Cox, Celia Ruiz	Homestead

# Schedule of Events - Wednesday, Sept. 13

TIME	SESSION	SPEAKER(S)	ROOM
7:00 a.m 8:00 a.m.	Breakfast Buffet		Sunflower Ballroom
7:00 a.m 5:00 p.m.	Registration Open		Foyer
8:00 a.m 5:00 p.m.	Exhibits Open		Shawnee Ballroom
8:00 a.m 8:30 a.m.	GENERAL SESSION: Opening Remarks	Kyle Kessler	Sunflower Ballroom
8:30 a.m 9:15 a.m.	GENERAL SESSION: SAMSHA and NatCon Updates	Tom Coderre, Chuck Ingoglia	Sunflower Ballroom
9:15 a.m 9:30 a.m.	Coffee Break		
9:30 a.m 10:45 a.m.	BREAKOUT: Hot Topics in Healthcare Policy	Chuck Ingoglia, Laura Howard,Tom Coderre, Janet Stanek, Michelle Ponce	Sunflower Ballroom
9:30 a.m 10:45 a.m.	BREAKOUT: Peer Group and Individual Supervision in a Treatment Setting	Ruth Owens-Jurgens	Homestead
9:30 a.m 10:45 a.m.	BREAKOUT: Federal and Kansas Perspectives on 988	Chelsea Booth, Andy Brown	Pioneer
9:30 a.m 10:45 a.m.	BREAKOUT: Screen Sanity: The Impact of Technology and Social Media on Mental Health	Tim DeWeese	Emerald III-V
9:30 a.m 10:45 a.m.	BREAKOUT: Diagnosing Prolonged Grief Disorder	Clara Sainte	Emerald I & II
9:30 a.m 10:45 a.m.	BREAKOUT: SPQM Overview	Wendy Lockwood	Wheat
9:30 a.m 10:45 a.m.	BREAKOUT: A Crosswalk Between IPS and VR: What Does That Look Like in Kansas?	Sandra Reese, Jani White, Jodi Wall, Beth Van Vleck, Chris Zuercher, Dan Decker	River
9:30 a.m 10:45 a.m.	BREAKOUT: Implementation of SBIRT and Prevention of Substance Use Disorders	Christina Boyd	Bison
10:45 a.m 11:00 a.m.	Coffee Break		
11:00 a.m 12:00 p.m.	GENERAL SESSION: Calling All Hope Dealers! Everyone Has a Story, Every Story Deserves Heroes	Hasan Davis	Sunflower Ballroom
12:00 p.m 1:30 p.m.	Lunch and Awards Ceremony		Sunflower Ballroom

1:30 p.m 1:45 p.m.	Coffee Break		
1:45 p.m 3:00 p.m.	BREAKOUT: Panel: Crisis for Youth – Running a Successful Program	Colin Thomasset, Travis Freed, Vicki Broz, Ramone Chavez, Lisa Southern	Pioneer
1:45 p.m 3:00 p.m.	BREAKOUT: Learn What Kind Of Leader You Are And How To Become A More Empowering Leader	Mike Garrett	Emerald III-V
1:45 p.m 3:00 p.m.	BREAKOUT: Mental Health in Jails	Brian Cole, Tim Phelps	Bison
1:45 p.m 3:00 p.m.	BREAKOUT: Panel: The Vision for Peer Services in Kansas Recovery	Linda Buchheister, Charles Bartlett	Homestead
1:45 p.m 3:00 p.m.	BREAKOUT: 2023 Legislative Recap and 2024 Forecast	Kyle Kessler, Representative Susan Ruiz, Senator Brenda Dietrich, Senator Kristen O'Shea, Representative Vic Miller	River
1:45 p.m 3:00 p.m.	BREAKOUT: Care Coordination Is the Cornerstone of a Successful CCBHC	April White, Shedreese Colding- Scott, Heather Rush	Emerald I & II
1:45 p.m 3:00 p.m.	BREAKOUT: Accelerated Resolution Therapy (ART): An EBP Alternative to Talk Therapy for CMHCs	Mary Warren	Sunflower Ballroom
1:45 p.m 3:00 p.m.	BREAKOUT: Perinatal Mental Health: Identification and Treatment Best Practices	Kelsee Torrez, Melissa Hoffman, Anna Palermo	Wheat
3:00 p.m 3:30 p.m.	Nutrition Break Sponsored by Ucare		Foyer
3:30 p.m 4:45 p.m.	BREAKOUT: Community Health Workers: An Update on the Changing Landscape Nationally and in Kansas	David Jordan, Erika Saleski	Bison
3:30 p.m 4:45 p.m	BREAKOUT: Panel: Peer Support From Prison to the Community	John Agnew, Jason Hess, Ben Holloway, Gordon Smith	Wheat
3:30 p.m 4:45 p.m	BREAKOUT: Panel: Demystifying Gender Affirming Medical Care for Community Mental Health Providers	Jordan Graves, Markie Ridgway, Anthony Strickland, Judith Rodman, Sawyer Jurgensmeier	Sunflower Ballroom
3:30 p.m 4:45 p.m	BREAKOUT: Comprehensive Youth Suicide Prevention In Nebraska – What You Can Learn From Their Experience	Quinn Lewandowski	Homestead
3:30 p.m 4:45 p.m	BREAKOUT: Closing the Gap: Working With Individuals With Intellectual/Developmental Disabilities (I/DD)	Lisa Neitzke	Emerald III-V
3:30 p.m 4:45 p.m	BREAKOUT: Tricare Overview	Jim McKillop	Pioneer
3:30 p.m 4:45 p.m	BREAKOUT: CCBHC Program Requirements: From Checklist to Providing Effective Care	Mike Garrett	Emerald I & II
3:30 p.m 4:45 p.m	BREAKOUT: Advancing Integrated Care: Two Models for Serving the Community	Walt Hill, Julie Branstrom	River
5:00 p.m 6:30 p.m.	Evening Reception Sponsored by Molina Healthcare		Sunflower Ballroom

# Schedule of Events - Thursday, Sept. 14

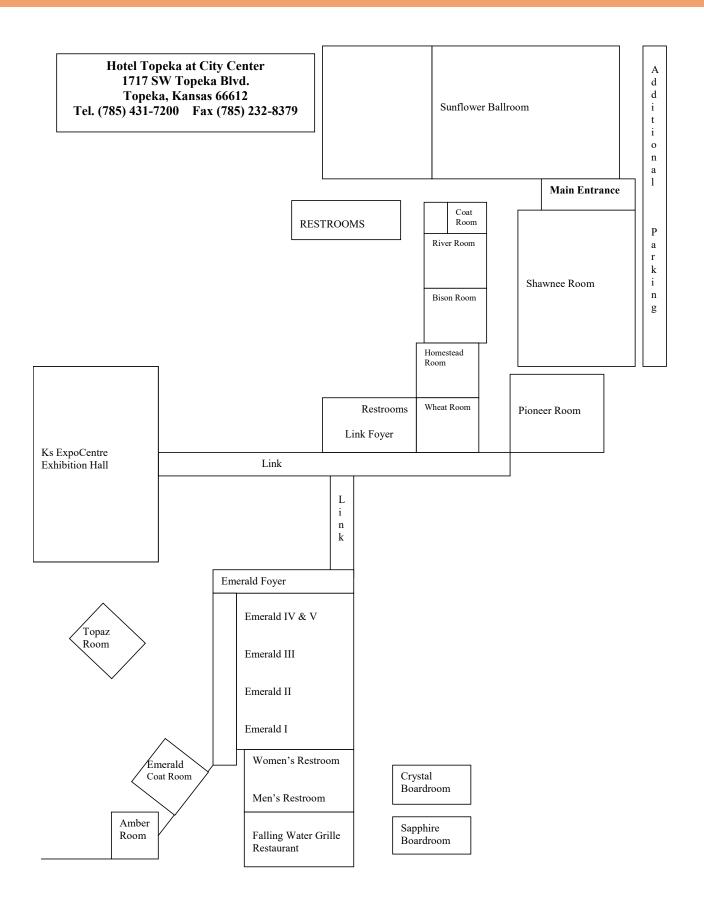
TIME	SESSION	SPEAKER(S)	ROOM
7:00 a.m 8:00 a.m.	Breakfast Buffet		Sunflwoer Ballroom
7:00 a.m 5:00 p.m.	Registration Open		Foyer
8:00 a.m 5:00 p.m.	Exhibits Open		Shawnee Ballroom
8:00 a.m 9:15 a.m.	GENERAL SESSION: When Everyone Leads	Ed O'Malley	Sunflower Ballroom
9:15 a.m 9:30 a.m.	Coffee Break		
9:30 a.m 10:45 a.m.	BREAKOUT: ADHD Update	Dr. David Barnum	Emerald I & II
9:30 a.m 10:45 a.m.	BREAKOUT: The Louisiana Public Health Institute's Journey Toward Health Equity	Shelina Davis	Pioneer
9:30 a.m 10:45 a.m.	BREAKOUT: Safety in Mobile Crisis Response	Chrissy Russell, Sgt. Josh Klamm	Emerald III-V
9:30 a.m 10:45 a.m.	BREAKOUT: Ethical Considerations When Building a Digital Presence in Rural Behavioral Health	Christina Boyd	River
9:30 a.m 10:45 a.m.	BREAKOUT: Financial Managers Roundtable	Jerry McDonald	Bison
9:30 a.m 10:45 a.m.	BREAKOUT: Panel: Measuring Productivity Within a CCBHC	Tim DeWeese, Shaun Dierker, Jennifer Kaufman, Vikki Mader	Sunflower Ballroom
9:30 a.m 10:45 a.m.	BREAKOUT: Panel: Mental Health Intervention Program (MHIT)	Lance Geyer, Sue Murnane, Angie Brungardt, Susan Mills, Jennie Watson, Austin Solis, Jamie Malone, Lyndsey Crisenbery	Homestead
9:30 a.m 10:45 a.m.	BREAKOUT: Panel: YLinK the Youth Voice	Linda Buchheister, Lori Martin, Isabelle Blackwood, Andres Mata	Wheat
10:45 a.m 11:00 a.m.	Coffee Break		
11:00 a.m 12:00 p.m.	GENERAL SESSION: Bulletproof Vows: Stories of Couples Navigating Deployments and Life's Battles	Briana Nelson Goff	Sunflower Ballroom
12:00 p.m 1:30 p.m.	Lunch		Sunflower Ballroom
1:30 p.m 1:45 p.m.	Coffee Break		
1:45 p.m 3:00 p.m.	BREAKOUT: The State of AOT in Kansas	Robert Wonnell, John Bosch, Jessica Sherfick, Itzel Moya, Keona Brown, Dawn Huddleston	Pioneer
1:45 p.m 3:00 p.m.	BREAKOUT: Familiar Faces Initiative(FFI): Improving Outcomes Through Coordinated Health and Justice Systems	Tim DeWeese	Homestead
1:45 p.m 3:00 p.m.	BREAKOUT: K-TRACS Use for SUD Treatment and Controlled Substance Prescribing	Gayle Donaldson, LaTonyua Rice	Wheat
1:45 p.m 3:00 p.m.	BREAKOUT: A Brief History and Fidelity of Assertive Community Treatment (ACT)	Marla Smith, Angela Schindler- Berg, Zac Wilson	Sunflower Ballroom
1:45 p.m 3:00 p.m.	BREAKOUT: Annual Cost Reporting With CCBHC	Shaun Dierker, Matthew Mackey	River
1:45 p.m 3:00 p.m.	BREAKOUT: The Cycle Breaker Way: Helping Clients Heal From Developmental Trauma	Mindi Kessler	Emerald III-V
1:45 p.m 3:00 p.m.	BREAKOUT: Employment Law Part 1	Gregory Meihn	Bison
1:45 p.m 3:00 p.m.	BREAKOUT: The Costs of Caring: The Ethics of Self-Care for Professionals Working With Trauma Survivors	Briana Nelson Goff	Emerald I & II
3:00 p.m 3:30 p.m.	Nutrition Break Sponsored by CareSource		Foyer

3:30 p.m 4:45 p.m.	BREAKOUT: Out of the River, Into the Fire: Addressing Opioid Use Disorder in the Setting of Fentanyl	Daniel Warren	Emerald I & II
3:30 p.m 4:45 p.m.	BREAKOUT: Psychiatric Residential Treatment Facility (PRTF) Panel	Lori Gonzales, Brenda Soto, U. Diane Buckingham, Cassandra Sines, Becky Austin-Morris, Linda Buchheister	Wheat
3:30 p.m 4:45 p.m.	BREAKOUT: Decoding Military Mental Health	Bryson Bower, Holly Cavender	River
3:30 p.m 4:45 p.m.	BREAKOUT: Triggered by Clients: Fuel for Your Personal Growth	Mindi Kessler	Emerald III-V
3:30 p.m 4:45 p.m.	BREAKOUT: Utilizing Data to Drive Business Decisions	April White, Shedreese Colding- Scott, Heather Rush, Percy Turner, Tara Gregory	Sunflower Ballroom
3:30 p.m 4:45 p.m.	BREAKOUT: Employment Law Part 2	Gregory Meihn	Bison
3:30 p.m 4:45 p.m.	BREAKOUT: Panel: Update on Specialty Courts in Kansas	Mark Simpson, Judge Pokorny, Shannon Buregge, Sharon Zehr, Robert Wonnell	Homestead

# Schedule of Events - Friday, Sept. 15

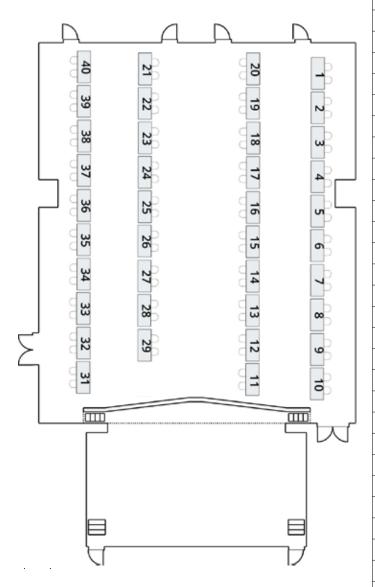
TIME	SESSION	SPEAKER(S)	ROOM
7:30 a.m 8:45 a.m.	Breakfast Buffet		Sunflower Ballroom
7:30 a.m 12:00 p.m.	Registration Open		Foyer
9:00 a.m 12:00 p.m.	Ethics Update	Dr. David Barnum	Sunflower Ballroom
8:00 a.m 12:00 p.m.	NFMH Settlement Agreement	Melissa Bogart Starkey	Emerald I & II

### **Floor Plan**



# **Exhibitor Map & List**

# Shawnee Ballroom



воотн	EXHIBITOR
1	innovaTel Telepsychiatry
2	Qualifacts
3	Kansas Department for Aging and Disability Services (KDADS)
4	High Plains Mental Health Center
5	Streamline Healthcare Solutions
6	Camber Children's Mental Health
7	Mission Driven Data
8	Teva Pharmaceuticals
9	Sunflower Health Plan
10	Johnson County Mental Health
11	Johnson and Johnson Health Care Systems, Inc.
12	Ucare
13	Mid-America Addiction Technology Transfer Center
14	Centurion
15	HealthSource Integrated Solutions
16	Neurocrine
17	Netsmart
18	KU School of Welfare
19	Oral Health Kansas, Inc.
20	Eleos Health
21	Valley Hope Addiction Treatment
22	Bert Nash Community Mental Health Center
23	Molina Healthcare
24	Mid-America Mental Health Technology Transfer Center
25	Integrated Psychiatric Consultants
26	United Healthcare
27	Guardian Pharmacy of the Heartland
28	Aetna Medicare Solutions
29	Electromedical Products International, Inc.
31	CareSource
32	Family Readiness Program
33	Mirah
34	Kansas Suicide Prevention HQ
35	Aetna Better Health of Kansas
36	KanCare Ombudsman Office
37	Briana Goff
38	Ed O'Malley
39	Mindi Kessler
40	Conrade Insurance



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-Walt Hill, CEO of High Plains Mental Health Center

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# Molina Healthcare is proud to support the 2023 Annual Conference for Behavioral Health!

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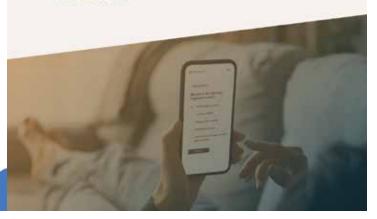
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For more information, contact Jon Barnes jon.barnes@streamlinehealthcare.com



#### **2 DIVISIONS**

Agency Capacity-building & Community Evaluation Support social service agencies' needs for capacitybuilding and collaborative evaluation, as well as the broader community's interests in evaluation and strategic partnerships.

#### **Professional Education**

Offer new, innovative methods of professional education appropriate for the fast-paced, technology-driven, resource sparse social services sector.

Both divisions work to promote workforce support and development.

collaborate with us socwel.ku.edu/ccec

